



daylesford
neighbourhood centre



Term 3 Winter 2024

13 Camp Street, Daylesford

Phone: (03) 5348 3569

Email: admin@dncentre.org.au

Web: www.dncentre.org.au*

*All Courses can be booked direct from our website



From the Manager's Desk...



Welcome to Term 3 2024!

DNC LAUNCHES OUR NEW CO-WORKING SPACE!

DNC have recently launched our co-working spaces and hope these will be a hit with our community. We have a selection of rooms and spaces available—some paid and some free! All of these can be booked on an hourly, daily, weekly or monthly basis. There are no contracts to commit to, just let us know when you need a space and we'll book you in. More about the spaces further on, with pics! Please get in touch if you would like to know more or see what we have to offer.

DNC FAREWELLS OUR MANAGER OF 6 YEARS

After a whirlwind 6 years at the helm of DNC, our Manager, Danny Liversidge is saying farewell DNC! Danny is looking to explore this big wide world that we inhabit and has taken the decision to step aside from the Management role so he can do all the things he wanted to do, but never had time! Until a new Manager is appointed, it will be business as usual with our Community Events Co-Ordinator, Linda Carroll, taking the reins. Linda has been with the Centre for 6 years and has a good understanding of all things DNC. We wish Linda well in the new "temporary" role!

The Committee of Management, Staff and everyone who utilises the centre wish Danny all the very best for his next chapter and thank him for his contributions over the last 6 years.

2 FEE-FREE COURSES ON OFFER FOR TERM 3—Thanks to ACFE!

DNC are happy to offer 2 fee free courses for Term 3, with our Introduction to Disability and Aged care course specifically designed as a pre-employment course for anyone interested in the Aged Care/Disability sector. The second course is our Computers for the Terrified where we'll dispel a few myths and run over a few of life's essentials (Facebook, MyGov, Services Victoria)! Please spread the word if you know anyone who would like to participate in either of these courses.

DNC are able to offer these courses free of charge thanks to ACFE subsidies.

Introduction to Disability & Aged Care*

This fee-free course will cover the care needs of older people and people with disabilities; the human rights of people with disabilities and support needs; work roles and skills required to support people to live independently. It will also cover funding, organisation and regulation of aged care and disability services.

*ACFE subsidised



Tutor: Hal Swerisson

Where: DNC Paddock Room

When: Thurs from 8th Aug (4 weeks)

Time: 1pm

Cost: No charge

Our Tutor has experience running disability programs for adults and children. He is experienced in teaching, developing and evaluating programs for older people and people with disabilities.

Computers for the Terrified*

This 10 weeks course is designed to help learners understand

- How to create a Facebook Account
- Setting up an email address
- How to surf the internet safely
- How to create a MyGov Account and link services
- Set up a Services Victoria account
- Taking/sending/downloading photos on your phone

* ACFE subsidised



Tutor: Ed Butler

When: Tues from 13th Aug

Time: 2-4pm

Cost: No Charge

Our Tutor has 20+ years as a local teacher. He hopes to improve the digital literacy of our less technical community members over this 10 week course.

DNC LAUNCHES OUR NEW CO-WORKING SPACE!

Are you tired of the same old home office routine? Ready for a change of scenery? Look no further!

Our co-working spaces offer the perfect blend of comfort, productivity and community. Here's why you'll love working with us:

- ◆ **High-Speed NBN Internet:** Say goodbye to buffering and lag. Our lightning-fast internet keeps you connected without missing a beat.
- ◆ **Video Conferencing Facilities with 65" Smart TV:** Available free of charge with your room booking.
- ◆ **Warm and Comfortable Spaces:** Imagine cosy nooks, ergonomic chairs, and plenty of natural light. Whether you're brainstorming, coding or collaborating, our spaces are designed for your comfort.
- ◆ **Flexible Options:** Choose what suits you best! We have a selection of both free and paid spaces available and offer daily, weekly or hourly rates. Need a quiet corner for focused work? We've got it. Want to network with fellow professionals? Join our communal area. If you need something more intimate, we also have private office space available on select days.
- ◆ **Escape the Home Office Blues:** Break free from the monotony of your home office. Our inspiring environment will reinvigorate your creativity and boost your productivity.
- ◆ **Complimentary Tea and Coffee:** Fuel your day with our free tea and coffee. It's the little things that make a big difference!

Elevate your work experience at Daylesford Neighbourhood Centre. Whether you're a freelancer, entrepreneur, or remote worker, we've got the space you've been searching for. Simply call or email the friendly team at DNC to book your space. Reserve your space now and unlock a world of possibilities.

Call our team on: 5348 3569 or email to admin@dncentre.org.au

All courses can be booked from our website www.dncentre.org.au
Click on the COURSES link, then scroll to locate your preferred course



CO-WORKING SPACES NOW AVAILABLE



ABOUT THE SPACES

DNC now has a selection of co-working spaces available for hire. We have co-working space, paid space, private space and free space.

GET IN TOUCH

03 5348 3569

admin@dncentre.org.au

www.dncentre.org.au

PROPERTY FEATURES

- Private office (available on select days)
- Communal spaces
- Board Room style
- Daily, Weekly or Hourly rates

13 Camp St,
Daylesford VIC 3460

Yoga

Hatha yoga classes will enhance your well-being through the practice of asana (movement and postures), pranayama (breath practices and awareness) and relaxation. Expect to feel stretched, strengthened, energised and calm. All levels welcome, including beginners.

Classes: Tues 6pm or Sat 9am

BYO Yoga mat and blanket

Contact Jan directly to book 0419121961



Tutor: Jan Tepper

When: Tue 6pm from 6th Aug
Sat 9am from 10th Aug

Cost: \$20 per casual session
\$180 for a 10 class pass

Jan is a Yoga teacher with more than 15 years experience. She is also a Physiotherapist working in rehabilitation of musculoskeletal issues having a strong knowledge of the body and health issues.

No Interest Loans

nhvic.org.au/nils
(03) 9606 0117



Eight Silken Movements

An easy-to-follow movement class based on elements of Chi Gong and Tai Chi. Promoting balance, coordination, flexibility and inner calm.

Beneficial for all age groups.

No previous experience required.

Dress comfortably.

Pay per session.



Tutor: Gudrun Markowsky
Where: DNC Paddock Room
When: Mon from 15th July
Time: 10.30am
Cost: \$20 per session

Gudrun is a long term tutor here at the Centre.
For information about Eight Silken Movements (Chi Gong), please call Gudrun on 0490 053 521

Tai Chi

Wu style Tai Chi, is a gentle and slow but exacting form of exercise, based on an ancient Chinese tradition. It is suitable for all age groups and helps support flexibility, concentration, memory and balance as well as inner peace. Some practice at home will be advisable. Wear comfy clothes and soft soled shoes or slippers

Classes are weekly and run for 60 mins. No previous experience required.



Tutor: Gudrun Markowsky
Where: DNC Paddock Room
When: Mon from 15th July
Time: 1pm-2pm
Cost: \$20 per session

Gudrun is a long term tutor here at the Centre.
For information about Tai Chi, please call Gudrun directly on 0490 053 521

Venue Hire - DNC

Venue Hire!

Did you know we have several rooms, large and small, available for hire? All rooms can be hired on a casual or permanent basis.

Other areas include a co-working space, function spaces, kitchen facilities and class rooms. Our spaces are suitable for meetings, individual workspaces, conferences and events, classes, community activities and social gatherings! The possibilities are endless! If you want to arrange a site inspection to see our rooms, call us to make a time, or check out the info on the DNC website.

**Full & Half Day rates available for registered Not-for-Profit groups.
Video Conferencing equipment included in regular room hire rate**



Venue Hire - The ARC



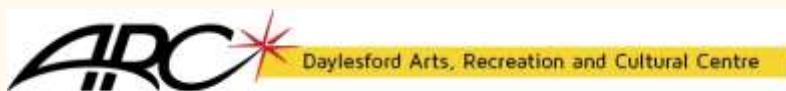
DNC manages The ARC on behalf of the community. The ARC consists of:

- Court/Stadium 1 & 2 (double basketball courts with spectators stand)
- Court 3 (single basketball court)
- Foyer / Kiosk (heated area, AV system, café style seating and kiosk)
- Multi Purpose Room / Canteen

All spaces can be hired individually and are available outside of school hours as well as weekends.

The ARC makes for an incredible Children's/Adults birthday party venue, or a space for a large capacity function for 300 or more and anything in-between. Call us for a costing for your special function. With winter upon us, this might be your next party venue.

For more information check out daylesfordarc.com.au, call us on 53483569 or email us at admin@dncentre.org.au





Daylesford Arts, Recreation and Cultural Centre

WANT TO GET INVOLVED WITH SPORTS AT THE ARC?

HERE IS WHO YOU NEED TO CONTACT:

Daylesford Tang Soo Tao Martial Arts —Damian Smith – 0428 994 859

Volley Ball—Colin Priest—0447 487 674

Basketball Clinics—Tegan— 0402 550 450

If you would like to book some time at the ARC for your sporting group, call us on 5348 3569



Daylesford Tang Soo Tao Martial Arts

Classes held court 3, Tues & Thurs

Martial Arts is for everyone!! Beginners and intermediate classes are held on Tuesdays and Thursday evenings at the ARC. Daylesford Martial arts provides expert training for kids and adults in traditional Tang Soo Tao Martial Arts. We also firmly believe in empowering Women and Teens through our Self Defence and fitness classes.

Karate Kids Tuesdays 4-4:45
Adults Martial Arts Tuesday 5:30-6:30
Teens Self Defence/fitness Thursday 3:30-4:30
Women's self Defence/fitness Thursday 4:30-5:30

Karate Kids: \$150 per school term
Adults Classes: \$120 per month
Adults Self Defence \$200 per 10 week course

For more information call Damien on 0428 994 859 to book a session!



BASKETBALL CLINICS

Do you want to improve your basketball skills and have fun at the same time? If so, these clinics are running every Wednesday afternoon during Term 3!

Basketball is a great sport that teaches not only physical skills, but also social skills, teamwork, problem-solving, discipline and work ethic, and helps build confidence while having fun on the court.

Coach Tegan is experienced in teaching the fundamentals of the game to children of all ages and skill levels. She will help you master the basics of shooting, dribbling, passing, rebounding, defence and footwork through simple and effective drills and games. These clinics are open to children aged 10 and under (between 4-5pm), and 11 and over (between 5-6pm).

To keep it accessible for every child, the cost is only a \$2 donation paid at the door.

We acknowledge the support of the Daylesford Bowling Club and thank them for their support in making sport accessible to all

BASKETBALL CLINICS AT THE ARC

Basketball clinics continue for Term 3!

**Wednesday afternoons
from 17th July**

\$2 Gold coin donation payable at the door



***4pm - 5pm: Ages 10 and under**

***5pm - 6pm: Ages 11 and older
Enquires to DNC 03 5348 3569**

DNC acknowledges the support of the Daylesford Bowling Club

VOLLEYBALL

Volleyball is played on Monday nights at the ARC and is suitable for beginners and people of all ages.

Did you know....

- 4 Teams who reached Victorian State Schools Championship which made each team in the top 8 school teams in Victoria.
- 7 teams have made it to the state championships in the last 2 years. Most play in the junior competition on Monday nights from 6pm-7pm.
- Social adult competition runs from 7pm-8pm straight after the juniors.

Sessions are coached by Victorian State Coach, Colin Priest with 3 other qualified coaches.

If you would like to know more about participating in Volleyball contact Coach Collin on 0447 487 674





Free Legal Advisory Service offered to Hepburn Shire Residents

DNC have teamed with the Ballarat & Grampians Community Legal Service and will be offering a free legal advice service for residents of the Hepburn Shire.

Upcoming Daylesford Dates:

Thurs 6th June
Wed 14th Aug
Wed 9th Oct
Wed 4th Dec

Book Your Appointment

All appointments are taken by the BGCCLS office.
Call 5331 5999 to book your appointment.

Making legal service accessible to Hepburn Shire Residents



**DRUMMING
CLASSES**

**Wednesday
5pm-6pm**

Daylesford
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Bookings
Essential

**Contact
Gianni
0474 348 138**



Skills for study
work and life



Lifelong Learning

Our goal is to deliver a range of educational programs to meet local community needs for social connection, recreation and employment.

If you have a special skill or interest you would like to share with others and **think you'd like to know more about becoming a sessional tutor, please contact the Manager at DNC for a chat.** We're always on the lookout for people with skills to share and a passion for teaching.

Contact the manager on admin@dncentre.org.au

WALKING TOURS OF DAYLESFORD



Curious about Daylesford's history?

Bookings are essential:
Daylesford Visitor Information Centre
t: 1800 454 891 or trybooking.com

Come on our engaging guided
walk and all will be revealed...

f AlicesJourneys
a alicesjourneys8459
0455 519 111
info@alicesjourneys.com

www.alicesjourneys.com



Daylesford Neighbourhood Centre

Open Monday - Thursday 9am - 4pm; Fri 9am-1.30pm

Free Wi-Fi and Computer Access

All courses can be booked online via our Website

www.dncentre.org.au

DNC acknowledge that we are on traditional lands of the Dja Dja Wurrung. We offer our respect to the Elders of these traditional lands, and through them to all Aboriginal and Torres Strait Islander peoples past and present.



DAYLESFORD NEIGHBOURHOOD CENTRE INC.

ABN 91 523 232 008

Inc No A0009619Z